

Create a Beautiful Spring Scent

You will need:

an old container such as a yogurt pot
some water



What to do:

1. Take a pot outside into the woods, school grounds or your garden
2. Look for different natural materials that are lying on the woodland floor or ground.
 - **Be aware of fungi and do not touch.**
 - **Only pick up parts of plants that are not longer attached to a living plant, unless in a garden and you have permission or there is plenty of that species.**
3. Crush them or break them between your fingers and have a sniff - try fallen petals, natural herbs, pretty leaves, moss or lichen and even soil particles.
4. If you like the smell, add to your container as an ingredient of your spring woodland scent. What item gives your favourite smell?
5. Use a short stick to mash them together and release the scent, add a little water to blend together.
6. Do you like the scent you have created? How would you describe it? How does it make you feel?

